

dtKids Tri Team

Just the FAQs

What is dtKids' mission? dtKids exists to promote a solid foundation for a lifetime of fitness and health for children through the sport of triathlon. Currently there is not a “high-performance” team (one will be added in the coming years).

What is a high performance team? USA Triathlon uses High Performance Teams “in the identification, recruitment, development, and age-appropriate competitive preparation of emerging youth elite, junior elite, and U23 athletes, with the goal of developing well-rounded athletes capable of success at the highest levels of competition and progression within the USAT High Performance Program.” (USATriathlon.org)

What is the difference between teams?

WHITE

- Age 5-16
- Only team available for kids 11-16
- 8 training sessions a year (see schedule)
- Ideal for beginners or kids who are heavily involved with other sports/activities
- Yearly cost is \$80 (10% discount for first sibling, 20% for 2nd, free for additional siblings!)

BLUE

- Age 5-12
- Invitation based on tri-out
- 19 training sessions a year (see schedule)
- Year round or summer swim team involvement highly recommended
- Ideal for novice-intermediate triathletes
- Yearly cost is \$160 (10% discount for first sibling, 20% for 2nd, 50% for additional siblings!)

GREEN

- Age 8-12
- Invitation based on tri-out
- 37 training sessions a year (see schedule)
- Year round or summer swim team involvement highly recommended
- Equipment requirements (see list)
- Ideal for the committed triathlete
- Yearly cost is \$240 (10% discount for first sibling, 20% for additional siblings)

What is involved in “tri-outs”? Athletes who wish to be placed on the BLUE or GREEN team will need to be screened prior to being invited to participate. “Tri-outs” will be held March 16, 2014. dtKids is looking for children who

- are between the ages of 5 and 12
- currently know how to swim (preferably who are or have been on a swim team)
- have a good reference from a teacher or community leader who knows the child
- are committed to the team for a year (with a parent/athlete signed code of conduct agreement)

My child is under the age of 5 but can swim, run and ride a bike; can he/she join a team? I have found most children under the age of 5 are not well suited for a team environment; however, I would love to meet your child to see if an exception is in order.

My child is over the age of 12; can he/she be part of the Blue or Green team? At this time I am limiting the Blue and Green teams to children aged 5 thru 12. Older White Team members who would like some individual coaching can come to training sessions, to help out as mentors. I will consider working with these committed triathletes individually, in exchange for their service hours to the Blue and Green teams, on a case-by-case basis after team training.

Can my child bring friends with them to the team training sessions? All local children aged 5-16 are welcome to attend White Team training the first time for free, Blue and Green team training is open to members only.

Are parents required to stay for training sessions? No. Parents are ALWAYS welcome to observe and/or participate in everything we do, but are not required to stay.

How does my child join the White Team? Complete and return the membership paperwork (found at danatrains.com under the “All Things Youth” tab) and bring to any White Team training session.

How does my child “tri-out” for the Blue or Green team? Attend the training session March 2nd and the tri-out March 16th. Bring the membership paperwork, letter of reference from a teacher or community leader who knows the child, and the signed Parent/Athlete Code of Conduct Agreement. Plan to attend a parent meeting March 23rd at Bicycle Cove.

What if my child isn’t sure if they want to join the Blue or Green team now, but decides later to get involved? New team members are invited on a case-by-case basis if spots are available.

My child doesn’t know how to swim; can he/she join a team? Yes, he/she can join the White Team, but will not be allowed in the pool during any swim sessions.

What if I have questions later? You can contact me any time.