

I pledge to uphold the spirit of this Athlete Code of Conduct which offers a general guide to my conduct as a member of the Team.

- ❖ I will act in a sportsman like manner. I will treat my teammates, competitors, parents, coach, children and race officials with respect, dignity, and appreciation. I will provide support through positive language and gestures. I will engage in no form of discriminatory behavior including physical or verbal abuse.
- I will always give my maximum effort at each practice and race.
- I will use appropriate language and avoid using profanity.
- I will always compete within the rules of my national governing body. If I am not to complete within the rules of my national governing body, I will voluntarily alert an official or disqualify myself.
- I will respond to both success and failure with dignity, respect, and a perspective of learning from each experience.
- I will not use illegal substances including performance enhancing drugs, alcohol, or social drugs.
- I will abide by all rules while traveling including but not limited to: curfew, staying out of rooms of the opposite sex, no alcohol or drugs.
- I am committed to the dtKids Triathlon Team until the end of the season (October 5, 2014). Should I elect to back out of the team or be in violation of the spirit of this Code of Conduct, my team membership dues are non-refundable and forfeited accordingly.

By signing this Code of Conduct, I agree to abide by the policies above. I understand that failure to do so could result in immediate expulsion from the team.

Printed Name of Athlete:
Signature of Athlete:
Printed Name of Legal Guardian:
Signature of Legal Guardian:
Date: